



TRINITY TALK

March 2025

2400 N. Canal Street, Orange, California 714-637-1390
TrinityOrange.org

A message from Fr. Steve:

An offer for Lent.

I often view Lent as a time to pause and reset. It's a time to reset our spiritual lives by creating space for reflection, renewal and growth. It begins with Ash Wednesday, a day of reflection and humility. As ashes are placed on our foreheads, we hear the reminder: 'Remember, you are dust.' This moment is not about guilt but about honesty — recognizing where life needs change and embracing a fresh start.

During Lent, three key practices take focus: reflection, fasting, and almsgiving. These are not just rituals; they help cultivate clarity, connection, and purpose. Lent is not about achieving perfection but making meaningful progress on the journey before us.

Reflection

Reflection helps quiet the noise, allowing us to step away from the rush and ask important questions. Where am I going? How do I reconnect with God? Lent encourages facing these questions with honesty and purpose.

I like to pair reflection with moments of prayer. Set aside a few minutes each day to pause. Light a candle, take a deep breath, and let stillness center your thoughts. These small acts create space for clarity and direction.

Fasting

Fasting helps remove distractions. It is more than just skipping a meal or giving up coffee; it is about letting go of what clutters life to regain focus. Through fasting, we become aware of hunger, notice time differently, and recognize the absence of things we often take for granted.

This practice also creates space for gratitude. Whether it is skipping snacks or stepping away from social media, these small sacrifices sharpen attention and strengthen self-discipline. Fasting also deepens empathy, helping us better understand those who live with less.



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Giving

Almsgiving is more than just donating money; it is about noticing others and taking action. Lent encourages us to look beyond ourselves and make a difference.

Giving can be simple. Share a meal with someone in need, pay for a stranger's coffee, or volunteer an hour of your time. Small acts of kindness create real change, fostering connection and reminding us of our shared humanity.

Giving also deepens our own sense of purpose. It shifts the focus outward, transforming Lent into a season of service and compassion.

The 40-Day Journey

Lent reflects Jesus' 40 days in the desert, offering a time to step back, reflect, and prepare. It is not a sprint but a steady journey toward Easter.

Holy Week marks the climax of this journey. From Palm Sunday to the Last Supper to Good Friday, each moment leads to the joy of Easter, reminding us of renewal and hope. Blessings, Fr. Steve

The Conversation Project

As we enter the new year amid all our newly minted resolutions, please consider one of the most important commitments we can make to ourselves and our families. Being prepared with our personal end-of-life choices and decisions will allow us peace of mind and relieves our loved ones of the burden of those decisions.

To help you navigate this discussion your parish nurses, in collaboration with Hoag Faith Community Nursing, will be hosting a two-part workshop entitled, The Conversation Project. We encourage you to review the flyer here or in the back of the church for details. Please note that space is limited and that registrants must attend both sessions. Previous attendees have stated that this is a fun and interactive experience that is worthy of the commitment. We hope to see you there!

For questions or more information please contact Ann Walker at 714-496-0571.



Alzheimer's Service and Luncheon

Trinity volunteers and your Faith Community Nurses held our annual Alzheimer's church service and luncheon serving 44 individuals at the event. Father Steve once again led a

beautiful service that rekindled memories for us all. David Ripley, musician extraordinaire, provided the wonderful hymns and music. Sorry we missed David in our picture!

Thank you, the Trinity Parish Nurses.



The Book Club

Saturday, March 8th

The book club meets in the Library from 9:30-11:00am the 2nd Saturday of each month. Come join everyone for a truly enjoyable morning and some lively literary discussions. Interested? Please contact Laurie McKinnell at mckinnell4@aol.com.

The March featured book is:

American Savior by Ronald Merullo

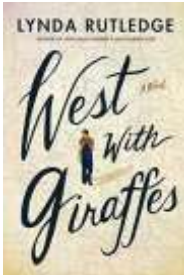


This book explores the concept of Jesus Christ returning to Earth and running for President of the United States, satirizing the media and political landscape as he campaigns on a platform of love and kindness, challenging the established political parties and forcing the American public to confront the true meaning of his teachings.

The May featured book is:

West with the Giraffes

by Lynda Rutledge



This is the story of a young man who drives *two giraffes across the country*. This journey becomes a coming-of-age adventure as Woody encounters challenges of the road and grapples with his own past, all while forming a unique bond with the giraffes.

The April featured book is:

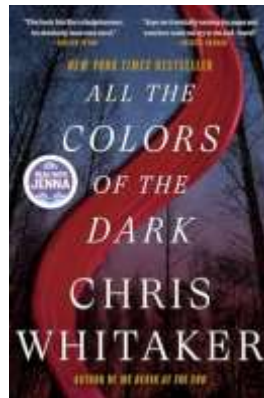
When we were Windows
by Annette Chavez Macias



In this heartfelt story about finding love in loss, three widows are forced under the same roof, where they'll need to overcome grief, anger, and old secrets to put their family back together.

The June featured book is:

All the Colors of the Dark
by Chris Whitaker



The novel follows two children, Saint and Patch, whose lives forever change when Patch intervenes to save a young woman from an act of violence. This traumatic event affects their lives and others in their small Ozark community.



March 20th from 11am - close
1333 N. Glassell in Orange

Tutto Fresco has been creating quality Italian cuisine since 1991.

We hope you can join us and thank you for your support.

Don't forget your flyer in the back of the church.



SAS ENCORE
March 27th @ 11:30
In the Armstrong hall.

Look for more information in TNW and Sunday Trinity Times. Lunch will follow the program. Please sign up in the back of the sanctuary.



The Santiago
STRING QUARTET

Mozart - String Quartet in D minor, K. 421
Mendelssohn - String Quartet in a minor, Op. 13

SUNDAY, FEBRUARY 16 - 3:00 p.m.

St. Paul's Episcopal Church
1221 Wass St., Tustin

AND

SUNDAY, MARCH 2 - 3:00 p.m.

Trinity Episcopal Church
2400 N. Canal St., Orange



The Santiago String Quartet was founded in 1993. The Quartet have been featured performers each season at the Bradford House, Richard Nixon Library, St. Paul's Episcopal Church and have performed at the Mammoth Lakes Sierra Chamber Music Festival, and around Southern California. The Quartet participates annually at the SoCal Chamber Music Workshop.

Left to right:
Linda Owen, Lisa Santana,
Sandi Rynerson, Patty Hicks

FREE ADMISSION



ASH
WEDNESDAY



MARCH 5, 2025

NOON & 7:00 PM

Save the Date

Tuesday, March 4, 2025

Serving Pancakes between

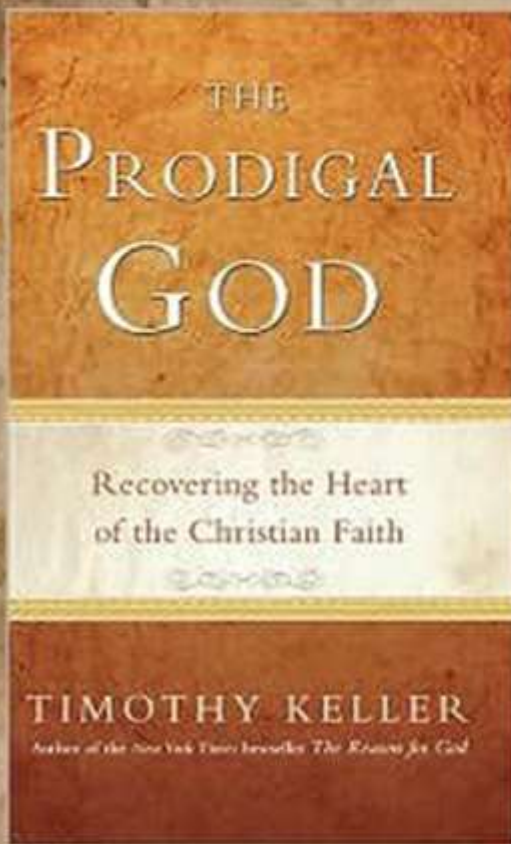
5:00 and 7:00 p.m.

In Armstrong Hall

\$5.00 for Adults - Children under 10 free



Shrove Tuesday



LENTEN BOOK STUDY

EVERY WEDNESDAY NIGHT
MARCH 12 - APRIL 16, 2025
6:00 PM ARMSTRONG HALL

SOUP & SALAD



SIGN-UP SHEET
AT THE BACK OF
THE CHURCH



HAPPY ANNIVERSARY

Dean & Toni Gavello
March 6

Dennis & Venita Wright
March 26

John & Nell Luce
March 30

Tim & Janette Mattson
March 31

HAPPY BIRTHDAY

Ty Richter - March 1

Uzo Elendu - March 2

Jenny Oberschlake - March 3

Miranda Hubbard - March 4

Laurie McKinnell - March 5

Frank Simpson - March 5

Darwin Kibby - March 5

Denis Bilodeau - March 6

Alexis Ficaro - March 7

Adrien Gonzalez - March 12

Arlyce Underwood - March 14

Megan Richter - March 15

Heather Anderson - March 17

David Ripley - March 18

Connie Donaldson - March 20

Pat Kress - March 20

Kimmie Power - March 20

Robert Kelley - March 27

Lindsay Knarr - March 29

Mike Long - March 30

Paula Fisher - March 31



TRINIY MINISTRY OF THE MONTH

The Bell Choir

What do they do anyway?

The Trinity Bell Choir prepares for and presents musical offerings at both Easter services and at our Christmas Eve Candlelight service, including the "Gift Of Music".

We meet on Wednesday evenings leading up to both of these Holy Day services.

We invite any and all interested people to join us.

The More the Merrier! Tinnio Ergo Sum (I ring, therefore I am).

Please contact Lindsay Whipple at 714-420-1648 for more information.

The Love Boat runs aground..... on Fantasy Island.



March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23 7:00am Altar Guild Team 4 8:00am Holy Eucharist- Rite I 10:00am Holy Eucharist - Rite II	24	25 5:30pm Overeaters Anonymous 6:30pm Narcotics Anonymous	26	27 10:00am Eucharist Healing Service 11:30am SAS Encore - MAGIC SHOW 6:15pm Shirts 'n Skirts 7:00pm AA Meeting	28 9:00am Property Commission 10:00am Bible Study 12:00pm AI Anon Meeting	1 8:30am Debtors Anonymous 9:00am Santiago String Quartet Rehearsal
2 7:00am Altar Guild Team 1 8:00am Holy Eucharist- Rite I 10:00am Holy Eucharist - Rite II 3:00pm Santiago String Quartet Performance 4:00pm Sunday Supper	3 6:30pm Outreach Meeting 7:00pm Railroad Society	4 5:00pm Shrove Pancake Supper 5:30pm Overeaters Anonymous 6:30pm Narcotics Anonymous	5 12:00pm Ash Wednesday Service 7:00pm Ash Wednesday Service	6 10:00am Eucharist Healing Service 6:15pm Shirts 'n Skirts 7:00pm AA Meeting	7 9:00am Property Commission 10:00am Bible Study 12:00pm AI Anon Meeting	8 8:30am Debtors Anonymous 9:30am Book Study
9 7:00am Altar Guild Team 2 8:00am Holy Eucharist- Rite I 10:00am Holy Eucharist - Rite II	10 10:00am The Conversation Project - End of life discussions - hospice, palliative care, advanced directives, etc.	11 5:30pm Overeaters Anonymous 6:30pm Narcotics Anonymous	12 6:00pm Lenten Book Study	13 10:00am Eucharist Healing Service 6:15pm Shirts 'n Skirts 6:30pm Orange Historical Society 7:00pm AA Meeting	14 9:00am Property Commission 10:00am Bible Study 12:00pm AI Anon Meeting 7:00pm OC Recorder Society	15 8:30am Debtors Anonymous
16 7:00am Altar Guild Team 3 8:00am Holy Eucharist- Rite I 10:00am Holy Eucharist - Rite II	17	18 5:30pm Overeaters Anonymous 6:30pm Narcotics Anonymous 6:30pm Vestry Meeting	19 6:00pm Lenten Book Study 7:00pm AI-anon Information Service Board	20 10:00am Eucharist Healing Service 11:00am Dine Out - Tutu Fresco in Orange 6:15pm Shirts 'n Skirts 7:00pm AA Meeting	21 9:00am Property Commission 10:00am Bible Study 12:00pm AI Anon Meeting	22 8:30am Debtors Anonymous
23 7:00am Altar Guild Team 4 8:00am Holy Eucharist- Rite I 10:00am Holy Eucharist - Rite II 11:30am Spiritual Transition Meeting	24 10:00am The Conversation Project - End of life discussions - hospice, palliative care, advanced directives, etc.	25 5:30pm Overeaters Anonymous 6:30pm Narcotics Anonymous	26 6:00pm Lenten Book Study	27 10:00am Eucharist Healing Service 11:30am SAS Encore - ANN WALKER PRESENTATION 6:15pm Shirts 'n Skirts 7:00pm AA Meeting	28 9:00am Property Commission 10:00am Bible Study 12:00pm AI Anon Meeting	29 8:30am Debtors Anonymous
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