



TRINITY TALK

July 2020

2400 N. Canal Street Orange, California 714-637-1390
The Very Rev. Jeannie Martz, Rector The Rev. Annie Calhoun, Associate Rector
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CHURCH RE-OPENING NEWS!

When Can I Come Back to Church?

We are very aware that this is a question that many of you are asking. The quick answer is “when we have prepared our facility to make it safe to reopen.”

What does that mean? Behind the scenes is a “Reopening Trinity” committee that is working very hard to examine all the issues from social distancing to sanitizing and everything in between. We are following the guidelines of the CDC, State of California, and Diocese of Los Angeles; and then we are customizing those guidelines for Trinity.

In the near future, we will be sending out a survey to all of you. We want to give you a picture of what it’s going to be like when you first return. Remember, this is not forever; but we want you to know that social distancing and masks will be required. There will also be a limit to the number of people that can attend at one time. There will be other rules as well. Given all that information, we want to know how likely you are to return to an in-person service at this point in time. This will help us in planning our reopening.

Here’s some GOOD news...I know, at this point you probably need it! From now on, there will always be an online service available. If you don’t feel safe to return just yet or if sometime in the distant post COVID-19 future you just don’t feel like getting out of your pajamas, a Trinity service will still be available each and every Sunday and on our Facebook page! It’s part of the “new normal.”

So to answer the first question: It will most likely be August or early September before our doors are open. That gives us time to consider all the “what ifs” and get all the cleaning and sanitizing supplies we need to keep you as safe as possible....And we thank you for your patience.

Donna Watson, Senior Warden
Chair of the Reopening Trinity Committee



Get a jump start on Christmas (yes Christmas) and help Trinity too! Amazon’s fifth annual Prime Day is on **Monday July 13th and Tuesday July 14th (this year 2 days)** and will feature more than 100,000 deals exclusively for Prime members, making it one of the biggest shopping days of the year. Shop at smile.amazon.com and Amazon will donate to Trinity Episcopal Church.

When you Start With a Smile on Prime Day, Amazon donates to Trinity Episcopal Church. Shop for great deals at <http://smile.amazon.com/gp/charity/homepage.html?orig=%2Fgp%2Fbrowse.html%3Fnode%3D11448061011&ein=95-2480063>

For many families this August means school is back in session! Here at Trinity, (via ZOOM) on Sunday, August 16, we want to celebrate and bless the beginning of another school year.

Students, preschool through adult, have your backpacks, lunch boxes, or briefcases at the Zoom service. We will bless them as we begin a new school year.

Also that Sunday we will be recognizing our Acolytes. Please plan to join us and tell them a big Thank You for their service.

From our Rector

.....*The Rev. Jeannie Martz*

Oh, my goodness – July.

Again I find myself saying, “Who would have thought?”; and yet, once again, still, here we are – staying at home, working from home, restricting our movements, many of us separated from friends and loved ones. In a situation like this, it seems the best thing we can do is...talk about the royal family!

The cover of the July 6, 2020 issue of “People” magazine features a lovely photograph of Britain’s Princess Kate, wife of Prince William, the heir to the British throne, along with the headline, “The Pressure to Be Perfect”. Oh my.

None of us is Princess Kate, thank goodness, but we all know variations on this pressure: the pressure to be perfect, to be right, to be on top, to be the winner, to be “fill-in-the-blank-with-either-family-or-personal-expectations”. Or in Princess Kate’s case, national, global, and paparazzi expectations.

The problem – or at least one of the problems – with the “pressure to be perfect” is that this pressure places the responsibility for being perfect (or whatever) strictly with us as the individuals who are expected to be so, which makes an already heavy burden even more so. But wait, we say, doesn’t the Bible play a part in this too? Doesn’t even Jesus say, “Be perfect, therefore, as your heavenly Father is perfect”? (Matthew 5:48)

(No pressure here for sure!)

Yes, Jesus does say this in many English translations of the Bible, but the Greek word translated “perfect” in English actually means “mature” or “ripe”, “ready to be harvested”; and it has to do with integrity and with purity of heart – as well as with letting **God** be the one to bring us as believers to this state of perfection rather than thinking we ripen ourselves.

A common saying in seminary in the Episcopal Church that also pertains to lay ministers and lay ministry is, “God doesn’t call the empowered; God empowers the called.”

In other words, God doesn’t necessarily tap the people who already have skills; if needed, God gives the necessary skills to the people whom God has already tapped.

On the off-chance that some of us might be feeling less-than-empowered as the number of confirmed cases of COVID-19 bumps way up in California, I offer us this recent reflection from Franciscan priest Richard Rohr, with apologies to the Trinity parishioners who are subscribers to Fr. Richard’s email meditations and therefore have already seen this:

“It is hard to believe, but this month marks *50 years* since I was first ordained in my home parish in Topeka, Kansas. It was a beautiful ordination ceremony. I was young and excited; my hair was long (I had hair!), and I wore colorful vestments covered with flowers I’d probably be embarrassed to wear now.

“This was during the great years after Vatican II – the inspired spiritual renewal that had put the Gospel back at the center of our lives, just as St. Francis tried to do.

“After the ceremony people were waiting in line to congratulate me, and I was feeling very important and holy. A woman held up the receiving line to tell me a story. I was irritated; as many others were in line. She told me about the history of my parish church, and how it was built on the very spot where the Pentecostal movement began. ‘You’re going to be used by the Holy Spirit,’ she said. I tried to hurry her along, but nevertheless she persisted. And by *she*, I mean both this particular woman and the Holy Spirit – who has never given up on me.

“Five decades later I am humbled to think about how it has all played out. I’ve written more books than I care to admit, prayed alongside amazing leaders and spoken in front of countless wonderful people. Through it all the Spirit has persisted in her work despite my many personal limitations and times I passionately believed my own message while also denying it in practice.

“God always uses *unworthy instruments* so we can never think that it is we who are accomplishing the work. The older I get, the more I think, ‘God, you were so patient with me! I didn’t do it right and you still did it right, you still used me.’

“2020 has been an unprecedented year – like nothing I have seen before. I believe we are seeing humanity awoken to a new level of awareness of systemic injustice in the world, the suffering it causes, and of the role each of us play in perpetuating these systems – predominantly by those of us with privilege and power. We would do well to remember that evil can *only* be substantially overcome by collective good. When one part is hurt, we all share in that pain, and if one part is liberated, we all share in the joy.

“There is a great need right now for *unworthy instruments* – people who have done the necessary work to ground compassionate action in contemplative, non-dual consciousness. When you experience the reality of your oneness with God and Creation, actions of justice and love will naturally follow. This message has been at the core of what I set out to teach over the last fifty years, and now that I rarely leave my hermitage, these meditations have become my primary means of sharing what God is putting on my heart. It is my hope they have been a source of both healing and encouragement for you.”

(Richard Rohr, Meditations@cac.org, 6/23/2020)

God both uses and empowers *unworthy instruments*. This reality is a double-edged sword.

On the one hand comforting, it assures us that the Spirit will be with us in word and deed even when we feel most afraid and vulnerable. On the other hand challenging, it reminds us that no one is beyond or beneath the notice, the use, the love, and the empowerment of God – for the good of all God’s people. In God’s mind, no one is unworthy of being used by God.

We don’t need to be perfect to be God’s representatives in the world in this unsettling time. We just need to recognize and accept that we **are** God’s representatives in the world in this unsettling time, and then let God ripen us; let God make us ready for God’s harvest by leading us into ways of bringing justice and peace to the world – one person at a time, one action at a time, one word of reconciliation, love, and hope at a time.

Our path to “perfection” is so much easier than Princess Kate’s!

Jannie +



07/02	Stan and Laurel Baker
07/03	Denis and Suzanne Bilodeau
07/07	Steve and Dorothy Cunningham
07/08	Mike and Kathy Elwood
07/11	Brian and Lee Ann Hilliker
07/13	Stalky and Judy Lehman
07/13	Mike Long and Debbie Schober
07/15	Paul and Renee Weddell
07/21	Jim and Shari Hansen
07/23	Rick and Patty Carlton
07/29	Tom and April Hughes

07/02	Lauren Ficaro	07/16	Fred Warburton
07/05	Vicki Homer	07/21	Bev Cunningham
07/07	Lynne Waterson	07/24	Lindsay Patterson
07/08	Ruby Ho	07/25	Becky Messenger
	Donna Watson	07/26	Dorothy Cunningham
	Nancy Barasch	07/27	Alex Brink
07/09	Fritz Fischle	07/28	Kevin Patterson
	Dave Kingsland	07/29	Alex Long
07/10	Dan Whipple		Carolyn Westfall
07/12	Ian McKinnell		Fred Whitaker
07/14	Shari Hansen	07/30	Elaine Weidner
	Sarah Candela	07/31	Chris Eslick

**WORSHIP AND GIVING
ON-LINE ATTENDANCE**

06/07	89	\$ 9,930
06/14	92	\$10,190
06/21 (Facebook included)	206	\$ 11,630
06/28 (Facebook included)	160	\$ 2,948



Between now and Labor Day Weekend, the Parish Office will be open from 10:00am - 2:00pm Monday through Friday. (Subject to change when church opens up) Please try to conduct business during these hours, but as always, the phone will be monitored for emergencies. Rev. Jeannie can be reached at 714-342-4463 and Rev. Annie at 949-300-8434.



PARISH DINE OUT

Join us at Tutto Fresco, **Thursday July 9th**. Since 1991, Tutto Fresco has been creating quality Italian cuisine, made with care. The menu is inspired by authentic Italian recipes with a passion for flavor, a flair for creativity and a respect for tradition. Enjoy pizza, pastas, calzones, and all your favorite Italian dishes while helping Outreach make their 2020 goal. You can partake in these delights all day from 11am to 9pm. 20% of all proceeds go directly to Outreach. Tutto Fresco is located on the north east corner of Katella and Glassell in Orange.

Buon Appetito!

Exploring Spiritual Direction – Rev Annie

This past week I attended a three-day seminar exploring the practice of Spiritual Direction with Stillpoint, a program within the Diocese of LA. The Rev. Elizabeth Rechter, who presented at our 2020 Lenten program, is the director.

The spiritual exercises we practiced included various forms of contemplative prayer. Most of these I had practiced previously, yet being with a small group makes for a different and enriching time. Unfortunately, our plan to spend this time at a retreat center was canceled due to Covid so we spent our days together via Zoom. To make the best of this, I connected from my back patio with a view of my garden. Buddy joined me as well. With a ball close by and a ball or two in his mouth he was a great and silent companion!

We based our time together on two books, the first is a comprehensive overview of what Spiritual Direction is all about: *Holy Listening: the Art of Spiritual Direction* by Margaret Guenther

The second book I would recommend to anyone and everyone. Barbara Brown Taylor's

“An Altar in the World” reveals “meaningful ways to discover the sacred in the small things we do and see, from simple practices such as walking, working and prayer.... we discover altars everywhere we go, in nearly everything we do.” Her book presents ways to learn to live with purpose, pay attention, slow down and practice reverence in our everyday lives.

These two books were discussed and set the tone for our explorations into different forms of prayer. This was a time set aside to contemplate or meditate on God and our relationship with God. Some of the tools we used to hear the Holy Spirit's guidance were a graphic representation of our own spiritual journey, visualization of our lives using the Epiphany story, 'Lectio Divina' or sacred reading of Scripture, meditating on items from nature, poetry, music, coloring mandalas, journaling, centering prayer and listening to God through our own bodies in the practice of Bio-Spiritual meditation.

There are classes and opportunities open to anyone interested in some of these contemplative prayer practices through Stillpoint. Please go to their website for all the free daily and weekly opportunities. One-day retreats, and long-term programs for Spiritual Directors at a cost are also available: stillpointca.org

There are also similar opportunities at the Loyola Institute at the Sisters of Saint Joseph Mother House in Orange: loyolainstitute.org

If you are interested in having a spiritual director to help you become more aware of the presence of God in your life and discern ways to respond to God's presence, please contact either of these resources. Sometimes a companion on our faith journey is exactly what we need.



Zooming.....

Our Zoom on-line meeting skills are increasing! Here are a few things you might want to do to enhance your experience when you join us.

Zoom frequently makes upgrades in the platform. As you join, if you get a message asking you to download the app, please follow the prompts. This will upgrade the Zoom software on your computer, laptop or ipad.

Zoom has a variety of options for the 'Host' – the person who sets up the meeting to control the actions of those attending. Some of the functions you can see on the Zoom screen maybe turned off by the host including:

A password may or may not be required.

A 'waiting room' may or may not be set up. This is a security option for the Host to see who is wanting to join and decide whether or not to let someone into the meeting. When you join Zoom please register with a name we recognize as you!

'Screen Share' allows for the host to manage what is presented during the session, including white board, Power Point slides, video, etc. This has been turned off for all attendees, only the Host can access this tool.

Ways to see and be seen... our meetings are set up asking you to agree to video and audio (so we can see and hear you). Even if the host mutes everyone, individuals can mute and unmute themselves, as well as having the video on or not. If you want to talk, you will need to 'unmute' yourself. Please 'mute' your audio when you are not talking. The icons are on the bottom left of the Zoom screen. Off will have a red line through the icon.

How to view each other.... On the top right corner of the Zoom screen you will see a small square shape made of nine black boxes. To open up the viewing options, put your curser over this box. The options are:

'Gallery' view allows you to see everyone on the Zoom session who has their video option on. Some meetings we will have 5 pages of people. The number of people per screen is related to the size of your computer screen. To move to the additional pages put your curser on the middle of the righthand side of your Zoom screen until you see an arrow pop up. Click in this to scroll through the pages of people, or swipe if using an ipad. The software does move photos around randomly.

'Active Speaker' view shows only the person currently talking. This is best to use during worship, so the photos do not block the Power Point slides (our worship booklet). When the Power Point slides begin, we have set this to automatically happen.

'Mini' view shows a small set of randomly selected photos (looks like a strip of film). To move this set of photos, put your curser on the edge of the group and click on it to drag and drop where you would like the photos to be – top, side or bottom of your screen.

There is more to learn but this is plenty! If you have any questions, please look at the various tutorials for Zoom on their website zoom.us and on YouTube. Rev. Annie can help as well so feel free to contact her 949-300-8434.

Last but not least, please remember that we can all see and hear each other - for me that means I really do need to brush my hair before I join in and mute myself before I yell to Buddy!

Trinity Zoom sessions:

Sunday mornings at 9 am "Spiritual Eucharist and Coffee Hour" - now with music!!

Thursday mornings at 10 am "Prayer and Conversation with the Rector"

Friday mornings at 9:30 am "Friday Morning Book Group"

An invitation to each specific Zoom meetings is sent via a Constant Contact email blast the day prior to the Zoom meeting. Please contact Amy our office administrator if you are not receiving these emails: amy@trinityorange.org Thank you!