



TRINITY TALK

February 2018

2400 N. Canal Street Orange, California 714-637-1390
The Rev. Jeannie Martz, Rector The Rev. Annie Calhoun, Associate Rector
email:churchinfo@trinityorange.org website: www.trinityorange.org

ASH WEDNESDAY FEBRUARY 14, 2018

7:00am - Holy Eucharist with Imposition of Ashes - Trinity

12 Noon - Holy Eucharist with Imposition of Ashes - Trinity

7:00pm - Ecumenical Ash Wednesday Service - Trinity



National Wear Red Day—Friday February 2nd

National Wear Red Day promotes the symbol and provides an opportunity for everyone—men and women alike—to unite in this life-saving awareness-to-action movement by wearing anything and everything red!

Go Red For Women inspires women to make lifestyle changes, mobilize communities and shape policies to save lives. United, we are working to improve the health of all women.

Do you know what causes heart disease in women? What about the survival rate? Or whether women of all ethnicities share the same risk?

The fact is: Heart disease is the No. 1 killer of women, causing 1 in 3 deaths each year. That's approximately one woman every minute!

But it doesn't affect all women alike, and the warning signs for women aren't the same in men. What's more: These facts only begin to scratch the surface.

There are several misconceptions about heart disease in women, and they could be putting you at risk. The American Heart Association's Go Red For Women movement advocates for more research and swifter action for women's heart health for this very reason.

Go Red For Women is encouraging all women to know their numbers by scheduling a Well-Woman Visit with their healthcare provider. For more information go to: <https://www.goredforwomen.org/>

Observing Ash Wednesday



Ash Wednesday marks the beginning of Lent. Lent is a season of prayer and preparation as we head towards Holy week. Since all Sundays celebrate the resurrection of Jesus, the six Sundays that occur during Lent are not counted as part of the 40 days of Lent. The number 40 is connected with many biblical events, but especially with the forty days Jesus spent in the wilderness preparing for his ministry by facing the temptations that could lead him to abandon his mission and calling.

We use this period of time for introspection, self examination, and repentance. The Lenten season is an opportunity to grow in faith and spiritual self-awareness as we prepare for the great feast of Easter.



2018 ENVELOPES

February 4th is the last Sunday that your 2018 envelopes will be on the table at the back of the church. After that date, if you have not picked up your envelopes you may get them from the Parish Administrator in the office.

From our Rector

.....*The Rev. Jeannie Martz*

In Abbott and Costello's classic baseball comedy piece "Who's on First?", which of course also features "What" playing second and "I Don't Know" at third, we sometimes forget that "Tomorrow" and "Today" are the names of the team's pitcher and catcher.

While a pitcher and a catcher generally work pretty closely together, learning each other's strengths and weaknesses, signals and styles, as individuals we don't always maintain such a close relationship between today and tomorrow. Far too often, we keep today and tomorrow at arm's length from each other. We take things we really *should* do today, toss them into tomorrow, and then turn our backs, convincing ourselves that tomorrow will never come – or at least not real soon.

A case in point here has to do with end of life decisions – advance medical directives, wills, interment arrangements, funeral details, and legacy planning – not to mention overall spiritual readiness -- and our general reluctance to deal with these issues while they're still theoretical exercises.

And yet, while they're still theoretical exercises is when we're most able to deal with these issues in rational, creative ways, ways that can benefit our families and honor our values and beliefs.

To this end, our 2018 Lenten series – called, with a nod to Abbott and Costello's humorous confusion and frustration, "Who's on First?" -- will address all of the issues listed above and provide a forum for information and discussion. Taking place on five consecutive Wednesday evenings (Feb. 21 and 28, and March 7, 14, and 21), our soup and salad gatherings will follow our standard pattern: Evening Prayer in the nave at 6 p.m. followed by supper in the parish hall at 6:30, and then our presentation from 7 p.m. - 8 p.m.

Using a combination of videos, practical information, handouts, and guest speakers, the series will help all of us taking a big step forward in preparing one of the best gifts we can give our loved ones: answers. We will be empowered to give our families and our physicians a clear indication of who we are, what we value, how we would like to approach the end of our physical life, and how we would like to be remembered, how we would like our legacy defined.

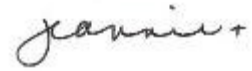
Please note: we will be providing information and materials only, NOT legal advice or recommendations for financial planning. Before making any legal or financial decisions, be sure to consult your own attorney or financial advisor.

Mark your calendars now, remembering not only the dates I've listed above, but also the date that signals the beginning of Lent: Ash Wednesday, February 14.

I'm not sure whether or not this counts as heresy, but having started with Abbott and Costello I'm going to finish with Yogi Berra:

"Always go to other people's funerals. Otherwise, they won't come to yours."

Be with us when we throw out the first pitch – and here's hoping we all get extra innings!



Prayer Shawl Ministry—meets the first Thursday of every month from 3:30pm-5:00pm in the Library.

Book Study—meets the second Saturday of the month at 9:30am in the Library.

Contemplative Prayer Group—meets the first and third Thursday of every month at 7:00pm in the Bride's Room.

Saturday Evening Eucharist is every week beginning at 5:30pm.

Outreach Commission—meets the first Monday of every month at 6:30pm in the Library.



Traveling Trinitarians

Mimi Grant attended a Bar Mitzvah in December at Congregation Emanu-el in San Francisco. Officially established in 1850, the congregation has over 2,100 households, many of whom have been involved with the congregation since its founding. They are the oldest congregation west of the Mississippi.

While traveling in Phoenix, Arizona, Mimi Grant went to St. Stephen's Episcopal Church for Christmas eve.

S.A.S. PROGRAM

February, 2018

Tuesday, February 6 – 11:00 AM RAMONA RICHARDSON and her daughter spent three weeks traveling in New Zealand and Australia this past summer. She will share their adventure and also states she might have a few comments about another island. A POTLUCK LUNCH will follow the program.

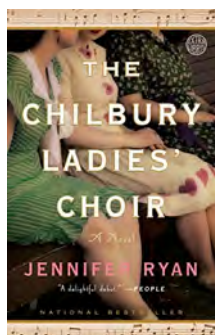
Tuesday, February 20 – 11:30 AM COOKS' DAY OFF will have a Middle Eastern flavor when SAS goes for lunch at ZOV'S BISTRO AND BAKERY, 17440 17th Street, Tustin. Meet at Trinity for carpooling at 11:00 AM.



02/01	Tom Hughes	02/12	Cheryl Sosa
02/03	Trent Kibby	02/13	Jack Luce
02/05	Gail Metzger	02/14	Mary Robinson
02/06	Chris Laub	02/19	Marilyn Calvin
02/07	Cindy Kimura		Brian Powers
	Judy Lehman	02/24	Pat Walker
02/10	Fran Fischle	02/28	Dreena-Lee Stephens



02/01	Jerry and Barbara Jensen
02/14	Guy and Linda Sinclair



BOOK CLUB

The Book Club will be meeting on **Saturday February 10th**. The group will have a discussion on the book The Chilbury Ladies' Choir by Jennifer Ryan. They meet in the library from 9:30am - 11:00am. Come meet the author and join them for a truly enjoyable morning, and some lively literary discussions. A synopsis follows:

For readers of *Lilac Girls* and *The Nightingale*, The Chilbury Ladies' Choir unfolds the struggles, affairs, deceptions, and triumphs of a village choir during World War II.

As England becomes enmeshed in the early days of World War II and the men are away fighting, the women of Chilbury village forge an uncommon bond. With the arrival of a force of nature, a music education teacher named Prim, they defy the Vicar's stuffy edict to close the choir and instead "carry on singing," resurrecting themselves as the Chilbury Ladies' Choir. We come to know the home-front struggles of five unforgettable choir members: Mrs. Tilling - a timid widow devastated when her only son goes to fight; Venetia - the older daughter of a local scion drawn to a mysterious artist; Kitty - her younger sister pining over an impossible crush; Sylvie - a Jewish refugee from Czechoslovakia hiding a family secret; and Edwina - a conniving midwife plotting to outrun her seedy past.

The Chilbury Ladies' Choir is written in diary and letter form, but in no way does this detract from the story as the dialogue is brisk, the writing is fresh, and it is most interesting to read the frank emotions of those writing, namely Venetia, Kitty, Edwina and Mrs. Tilling. War changes everything and everyone. This well-written and absorbing tale will stay with the reader for a long time to come. Jennifer Ryan has created a wonderful debut novel, and it is hoped that she is at work on another book.

FEBRUARY OUTREACH CALENDAR

02/04	Ingathering Sunday—PB&J, Condiments, Salsa, and Oil
02/05	Outreach Meeting—Library 6:30pm
02/22	Parish Dine Out—Tutto Fresco
02/26	Southwest Community Center

OUTREACH NEWS

ST. PAUL'S SUPPER PROGRAM -Sunday March 4th it is once again Trinity's privilege to prepare supper for our friends in need. We need volunteer slots filled. The sign up sheet is on the easel in the back along with a description of the help that we need and the times each task takes. A list of the supplies that are needed is located on the back table. Help make this rewarding program a success! Thank you.



Many thanks to everyone who donated and sent cards to my brother-in-law, Eddie and his unit. Eddie and the Unit Commander (Sean) went thru all the items and divided them between male and female and filled the Christmas bags I sent.

When all were sleeping and waiting for Santa, Eddie and Sean went to their rooms and placed the bags on their door knobs.

Everyone was excited to get Santa's surprise. As of January 1st they still did not know where the gifts came from. They have been making a game of it (it keeps them busy in the off time as they are given hints.) All will be revealed in mid January.

I would like to send another box before Easter. Please let me know if you would like to be involved. I will need to send the box before March 20th. List of items needed for Easter:

soap-razors-books-game books— adult coloring books -colored pencils-candy (especially chocolate)-trail mix-gum-power bars-fruit powder for water-playing cards-cards for them to send home-your signed Easter cards!

God bless to all

Connie Donaldson

SUPPLIES NEEDED FOR SUNDAY SUPPER MARCH 04, 2018

- 6 Large cans (6lbs. 120oz) Chili with beef/beans
- 2 extra large bottles of Italian Dressing
- 12 large bottles of soda (diet & reg.)
- 8 large bottles of juice
- 6 packs (of 12 individual servings each) fruit salad
- 6 packs (of 12 individual servings each) diced pears
- 6 packs (of 12 individual servings each) diced peaches

For Guests to Take Home

- Peanut Butter - Jam - Soups - Spaghetti Sauce - Crackers - Instant Oatmeal
- Juice Boxes - Fruit Cups - Tuna - Instant Potatoes - Canned Vegetables - Cereal
- Tooth Brushes - Tooth Paste - Bars of Soap - Sm. Hand Sanitizers -
- Personal Size Shampoo/conditioner.
- Most Important 2 Hours of Your Time
Sign-up Board in Back of Church
- All Items May Be Purchased at Smart/final or Costco
- Thank You - Connie & Rocky



Des unit was getting Christmas shopping for the local children

Eddie (Edgar)

**WORSHIP AND GIVING
SATURDAY AND SUNDAY ATTENDANCE**

12/24	399	\$7,746
12/31	89	\$6,684
01/07	148	\$10,594
01/14	130	\$7,100
01/21	184	\$6,457

PARISH DINE OUT

Join us at Tutto Fresco, Thursday February 22nd. Since 1991, Tutto Fresco has been creating quality Italian cuisine, made with care. The menu is inspired by authentic Italian recipes with a passion for flavor, a flair for creativity and a respect for tradition. Enjoy pizza, pastas, calzones, and all your favorite Italian dishes while helping Outreach make their 2018 goal. You can partake in these delights all day from 11am to 9pm. 20% of all proceeds go directly to Outreach. Tutto Fresco is located on the north east corner of Katella and Glassell in Orange.



Buon Appetito!



CHEFS NEEDED - Chefs are needed in 2018 for our St. Paul's Sunday Supper Program. Sundays **March 04, May 06, July 01, Sept.02 and Nov. 04** need to be filled. Please consider one of these dates to be a chef for the day! Help out this worthy cause. You can sign up now at the back of the church.



The women of Deanery IX and X will hold their annual Women's Retreat, titled "Celtic Spirituality: Everyday Holiness" on **Saturday, March 17, 2018** at St. Paul's Church, Tustin.

Presenter will be Rebecca Prichard, Ph.D., who has taught theology, worship, and spirituality in a variety of congregational and academic settings. A 2007 Lilly-sponsored sabbatical drew her more deeply into the study of Celtic history, art, and spirituality. Prichard has traveled widely through the British Isles, having lived and worked in Scotland. A calligrapher, she draws upon the words and artistry of the Celtic Gospel books as prayerful practice. In recent years she has taught Celtic spirituality at the Graduate Theological Union, Whittier College, Chapman University, and the New Theological Seminary of the West. Prichard has served as a Presbyterian minister for nearly 30 years and now worships at St. Paul's Episcopal Church, Tustin.

The day also will include 3 breakout sessions, lunch and Eucharist celebrated by Bishop Diane Jardine Bruce.

Cost is \$25 per person, including lunch. All women of the diocese are invited.

Registration forms will be included in your bulletins late February.



Youth Group News

All Trinity middle school students and high school students are invited to come to youth group meetings and to bring a friend! We hang out, play games, eat snacks and have Bible study, discussion and prayer.

Spring 2018 we are meeting once a month on Sunday afternoons from 4 to 6:30. Please save these dates and join the fun: February 11, March 11, April 15, May 20 and June 10

Son Seekers

Son Seekers is our fun gathering for children in 3rd, 4th and 5th grades. We meet on the first Sunday of the month, so plan on joining us on February 4. We begin right after the 10 am service in the youth center for games and lunch.

If you have any questions about our children and youth programs, please contact Rev. Annie.

Christmas at Trinity



